

Youth Sports & Active Recreation

MARTIAL ARTS

KEMPO FAMILY KARATE

(Youth and Adults)

Families who kick together, stay together! Here is a great chance for parents, siblings, and children to work out together! There are very few sports that allow this to happen! The whole class will do exercises together, then adults and children will be in two different groups learning self-defense at their own pace!

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.301	9/2-9/30	T	5:25pm-6:10pm	5yrs+	5
4660.302	10/7-11/04	T	5:25pm-6:10pm	5yrs+	5
4660.303	11/11-12/16*	T	5:25pm - 6:10pm	5yrs+	5

*No Class 11/25

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a binder.

Resident Fee: \$63/ CRC Member: \$58

Non-Resident Fee: \$73 / CRC Member: \$68

Drop in fee with pre-registration: \$15

LIL' DRAGONS (BEGINNERS): SAFETY & LIFE SKILLS

This is a fun class that teaches safety, life & martial arts. The focus in this class is to improve safety, balance, self control and self confidence.

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.310	9/4-10/2	TH	4:50pm-5:20pm	5-6 ½yrs	5
4660.311	10/9 - 11/6	TH	4:50pm-5:20pm	5-6 ½yrs	5
4660.312	11/13 - 12/18*TH		4:50pm -5:20pm	5-6 ½yrs	5

*No Class 11/27

Material Fee: \$86 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a folder.

Resident Fee \$60 / CRC Member: \$55

Non-Resident Fee: \$70 / CRC Member: \$65

Drop in fee with pre-registration: \$15

Things To Do
mark your calendars

Tons of fun, activities, and events -
for kids, families, and teens.

See pages 6, 7 and 27.



KEMPO KARATE: SAFETY, LIFE & MARTIAL ARTS

This class teaches safety, life skills as well as martial arts. Students will improve their focus, confidence, discipline and respect.

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center,
Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.304	9/4-10/2	TH	5:25pm-6:10pm	6 ½yrs +	5
4660.305	10/9-11/6	TH	5:25pm-6:10pm	6 ½yrs +	5
4660.306	11/13-12/18*	TH	5:25pm-6:10pm	6 ½yrs +	5

*No Class 11/27

Material Fee: \$86 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a folder.

Resident Fee: \$63 / CRC Member: \$58

Non-Resident Fee: \$73 / CRC Member \$68

Drop in fee with pre-registration \$15

KEMPO KARATE

(ALL RANKS)

Students will learn self defense techniques against grabs, punches and kicks. They will gain confidence, self control, and build character. Weapons such as Bo Staff and Escrima Sticks will also be offered.

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.307	9/2-10/2	T/TH	6:15pm-7:00pm	7yrs+	10
4660.308	10/7-11/6	T/TH	6:15pm-7:00pm	7yrs+	10
4660.309	11/11-12/18*	T/TH	6:15pm-7:00pm	7yrs+	10

*No Class 11/25 and 11/27

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a binder.

Resident Fee: \$120/ CRC Member: \$115

Non-Resident Fee: \$130 / CRC Member: \$125

Drop in fee with pre-registration: \$15

YOUTH

YOUTH



YOUTH SPORTS

KIDZ LOVE SOCCER

Kids will learn the world's most popular sport from professional coaches licensed in the KLS method. Your child will learn through skill demonstrations and instructional scrimmages conducted in a non-competitive, recreational format. Bring your tennis shoes and shin guards and be ready to have fun!

For more information visit www.kidzlovesoccer.com
KLS Rain-out Hotline: 1 (800) 871-2275
Instructor: Kidz Love Soccer staff

Location: Galvan Park Soccer Field

Time	Age	Activity#	Date	Day	Sessions
Tot-Soccer					
		4620.301	9/25-11/13	TH	2:40pm-3:10pm 3½ -4yrs 8
		4620.302	9/27-11/15	SA	4:50pm-5:20pm 3½ -4yrs 8
Pre-Soccer					
		4620.303	9/25-11/13	TH	3:10pm-3:45pm 4-5yrs 8
		4620.304	9/27-11/15	SA	2:30pm-3:05pm 4-5yrs 8
Soccer 1					
		4620.305	9/25-11/13	TH	3:45pm-4:30pm 5-6yrs 8
		4620.306	9/27-11/15	SA	3:05pm-3:50pm 5-6yrs 8
Soccer 2					
		4620.307	9/25-11/13	TH	4:30pm-5:15pm 7-8yrs 8
		4620.308	9/27-11/15	SA	3:50pm-4:35pm 7-8yrs 8
Soccer 3					
		4620.309	9/25-11/13	TH	4:30pm-5:30pm 9-12yrs 8
		4620.310	9/27-11/15	SA	3:50pm-4:50pm 9-12yrs 8

Resident \$100 / CRC Member \$95
Non-Resident \$105 / CRC Member \$100

MOMMY, DADDY, AND ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and mom and dad won't have to watch from the sidelines.

Instructor: Kidz Love Soccer staff

Location: Galvan Park Soccer Field

Activity#	Date	Day	Time	Age	Sessions
4620.311	9/25-11/13	TH	2pm-2:30pm	2-3½ yrs	8
4620.312	9/27-11/15	SA	1:45pm-2:15pm	2-3½ yrs	8

Resident \$100 / CRC Member \$95
Non-Resident \$105 / CRC Member \$100

JUST 4 KICKS INDOOR SOCCER

Develop skills as well as the age appropriate emotional development required for the game of soccer. Each session will focus on a particular aspect of the game of soccer utilizing specifically designed activities. Structured for child to express himself and grow at his/her own rate. The emphasis is on learning and having fun, not winning.

Instructor: Tom Vischer

Location: Centennial Recreation Center Gymnasium

Activity#	Date	Day	Time	Age	Sessions
Pre-K Soccer					
4610.301	9/19-11/7	F	10:20am-10:50am	3½ -4yrs	8
4610.302	9/19-11/7	F	2:30am-3pm	3½ -4yrs	8
4610.303	11/14-12/12*	F	10:20am-10:50am	3½ -4yrs	4
4610.304	11/14-12/12*	F	2:30am-3pm	3½ -4yrs	4
K Soccer					
4610.305	9/19-11/7	F	9:45am-10:20am	4½ -5yrs	8
4610.306	9/19-11/7	F	3pm-3:35pm	4½ -5yrs	8
4610.307	11/14-12/12*	F	9:45am-10:20am	4½ -5yrs	4
4610.308	11/14-12/12*	F	3pm-3:35pm	4½ -5yrs	4
K1 Soccer					
4610.309	9/19-11/7	F	3:35pm-4:20pm	5-6yrs	8
4610.310	11/14-12/12*	F	3:35pm-4:20pm	5-6yrs	4
Soccer 2/3 & 4/6					
4610.311	9/19-11/7	F	4:20pm-5:20pm	7-12yrs	8
4610.312	11/14-12/12*	F	4:20pm-5:20pm	7-12yrs	4
4610.313	11/14-12/12*	F	5:20pm-6:20pm	7-12yrs	4

*No class 11/28

8 Session Fee
Resident: \$119 / CRC Member: \$114
Non-Resident: \$124 / CRC Member \$119
4 Session Fee
Resident: \$62 / CRC Member: \$57
Non-Resident: \$67 / CRC Member \$62

FUNDAMENTALS OF TENNIS

This is a course designed to teach the fundamentals, proper techniques and skill development to the players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.301	9/10-10/15	W	3pm-3:30pm	5-8yrs	6
4630.302	10/22-12/3*	W	3pm-3:30pm	5-8yrs	6
4630.303	9/10-10/15	W	3:30pm-4:30pm	9-12yrs	6
4630.304	10/22-12/3*	W	3:30pm-4:30pm	9-12yrs	6

*No class 11/26

5-8 yrs
Resident \$41 / CRC Member \$36
Non-Resident \$46 / CRC Member \$41
9-12 yrs
Resident \$77 / CRC Member \$72
Non-Resident \$82 / CRC Member \$77

YOUTH TENNIS LEAGUE

Designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis is skill development and preparation for match play with the goal to prepare the Juniors for USA Team Tennis play. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.305	9/11-10/16	TH	3:30pm-4:30pm	9-12yrs	6
4630.306	10/23-12/4*	TH	3:30pm-4:30pm	9-12yrs	6

Resident \$77 / CRC Member \$72

Non-Resident \$82 / CRC Member \$77

*No Class 11/27

TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-2128 for more information.

Instructor: Michael Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
5680.306	9/9-12/31	SU-SA	Anytime	5-17yrs	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

JR. GOLF

Class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Stuart Spence

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
5670.305	9/7-10-5	SU	12pm-1pm	5-15yrs	5
5670.306	9/13-10/11	SA	1pm-2pm	5-15yrs	5
5670.307	10/19-11/16	SU	12pm-1pm	5-15yrs	5
5670.308	10/25-11/22	SA	1pm-2pm	5-15yrs	5

Resident \$57 / CRC Member \$52

Non-Resident \$62 / CRC Member \$57

MOTHER & CHILD GOLF

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.301	11/2-11/30	SU	10am-11am	4-15yrs	5
4631.302	10/4-11/1	SA	11am-12pm	4-15yrs	5

Resident \$64 / CRC Member \$59

Non-Resident \$69 / CRC Member \$64

YOUTH BEGINNING VOLLEYBALL

Learn to improve your volleyball skills with drills and practice games. This class is for players who have had some volleyball experience but wish to advance and improve to the next level. Classes begin with passing, serving, hitting and defensive drills followed by officiated games designed to focus on team defense and scoring strategies.

Instructor: CRC staff

Location: Centennial Recreation Center Gymnasium

Activity#	Date	Day	Time	Age	Sessions
4640.301	9/18-11/6	TH	7:10pm-8:20pm	9-12yrs	8

Resident \$72 / CRC Member \$67

Non-Resident \$77 / CRC Member \$72

JUST 4 HOOPS YOUTH BASKETBALL

Instructional youth basketball lessons developing skills and the age-appropriate emotional development required for the game of basketball. Each activity varies according to age and ability and is structured to provide every child the opportunity to express himself and grow at his/her own rate. The emphasis is on learning and having fun, not winning.

Instructor: Just 4 Hoops Staff

Location: Centennial Recreation Center Gymnasium

Activity#	Date	Day	Time	Age	Sessions
K-1 GRADES					
4600.302	9/18-11/6	TH	3:15pm-4pm	5-6yrs	8
4600.303	11/13-12/11*	TH	3:15pm-4pm	5-6yrs	4
2-3 GRADES					
4600.304	9/18-11/6	TH	4pm-5pm	7-8yrs	8
4600.305	11/13-12/11*	TH	4pm-5pm	7-8yrs	4
4-6 GRADES					
4600.306	9/18-11/6	TH	5pm-6pm	9-12yrs	8
4600.307	11/13-12/11*	TH	5pm-6pm	9-12yrs	4

*No Class 11/27

8 Session Fee

Resident: \$119 / CRC Member: \$114

Non-Resident: \$124 / CRC Member \$119

4 Session Fee

Resident: \$62 / CRC Member: \$57

Non-Resident: \$67 / CRC Member: \$62

MUNCHKIN SPORTS

This class provides an introduction to soccer and basketball with an emphasis on fun while promoting new friendships through the basic fundamentals!

Instructor: CRC staff

Location: Centennial Recreation Center Gymnasium

Activity#	Date	Day	Time	Age	Sessions
4600.308	9/17-10/15	W	6pm-6:45pm	3-5yrs	5
4600.309	10/29-12/3	W	6pm-6:45pm	3-5yrs	5*

*No Class 11/26

Resident: \$45 / CRC Member: \$40

Non-Resident: \$50 / CRC Member: \$45