

# Adult Sports & Active Recreation

## ADULT LEAGUES

### ADULT SOFTBALL LEAGUE

A softball league for adults (18/older) is offered on Tuesday nights (Novice) and Thursday nights (Intermediate). Game times are 6:30; 7:45; 9:00 pm. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or email [abel.gutierrez@mhcr.com](mailto:abel.gutierrez@mhcr.com)

**Location: Community Park Fields**

Schedules available online at: [www.quickcores.com/morganhill](http://www.quickcores.com/morganhill)

Resident \$600 / CRC Member \$550

Non-Resident \$650 / CRC Member \$600

(60% residency or membership is required to receive member and resident rate)

### CO-ED VOLLEYBALL LEAGUE

A co-ed volleyball league for adults (18/older) is offered on Monday nights (Intermediate) and Wednesday nights (Novice). Game times are 7:00; 8:00; 9:00 pm. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or email [abel.gutierrez@mhcr.com](mailto:abel.gutierrez@mhcr.com)

**Location: Centennial Recreation Center Gymnasium**

Resident \$425 / CRC Member \$375

Non-Resident \$475 / CRC Member \$425

(60% residency or membership is required to receive member and resident rate)

### REVERSE CO-ED VOLLEYBALL LEAGUE

A reverse co-ed volleyball league (18/older) is offered on Friday nights (Intermediate). Game times are 7:00; 8:00; 9:00 pm. League will play on a women's height net. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or email [abel.gutierrez@mhcr.com](mailto:abel.gutierrez@mhcr.com)

**Location: Centennial Recreation Center Gymnasium**

Resident \$425 / CRC Member \$375

Non-Resident \$475 / CRC Member \$425

(60% residency or membership is required to receive member and resident rate)

### MEN'S BASKETBALL LEAGUE

A men's full court basketball league (18/older) is offered on Sunday afternoons (Novice) and Tuesday nights (Intermediate). Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or email [abel.gutierrez@mhcr.com](mailto:abel.gutierrez@mhcr.com)

**Location: Centennial Recreation Center Gymnasium**

Resident \$600 / CRC Member \$550

Non-Resident \$650 / CRC Member \$600

(60% residency or membership is required to receive member and resident rate)

### ADULT FLAG FOOTBALL LEAGUE

Cost includes 10 games, jamboree and championship series. Games are played on Wednesday nights from 6:30pm to 9:30pm at the Morgan Hill Outdoor Sports Center. High school, college along with Pro, Competitive, Co-Ed and Recreational Divisions are offered. Teams receive numbered t-shirt jerseys. Team and individual statistics as well as video highlights are kept weekly. Games are played on a 64x25 yard field, last 45 minutes and utilize the ZFootball National Rules set. It is the FASTEST Game on Grass!! Get 6-8 friends and join up today! For more information email Jeff Dixon at [jeffreydixon@earthlink.net](mailto:jeffreydixon@earthlink.net)

**Location: Outdoor Sports Center**

Resident Team Fee: \$350

Non-Resident Team Fee: \$400

(60% residency or membership is required to receive member and resident rate)

ADULT



### PARENTS NIGHT OUT

A fun night filled with swimming, movies, dinner and games. This is a night that parents can feel confident that your child is having a great time while you go out! Your child will be in great hands. This is a drop off program.

Instructor: Kid Zone Staff

**Location: Centennial Recreation Center**

Activity#	Date	Day	Time	Age	Sessions
4240.301	9/20	SA	5pm-10pm	5-12yrs	1
4240.302	10/18	SA	5pm-10pm	5-12yrs	1
4240.303	11/15	SA	5pm-10pm	5-12yrs	1
4240.304	12/20	SA	5pm-10pm	5-12yrs	1

Resident: \$30 / CRC Member: \$25

Non-Resident: \$40 /CRC Member: \$35

Additional Sibling: \$20

**Things To Do**  
mark your calendars

Tons of fun, activities, and events -  
for kids, families, and teens.

See pages 6, 7 and 27.

## ADULT SPORTS

### TENNIS ADULT BEGINNER/INTERMEDIATE

This class is for the beginning and intermediate player. Basic fundamentals and skill development will be emphasized. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
5680.301	9/9-10/14	T	9am-10am	18+yrs	6
5680.302	10/21-12/2*	T	9am-10am	18+yrs	6
5680.303	9/10-10/15	W	6pm-7pm	18+yrs	6
5680.304	10/22-12/3*	W	6pm-7pm	18+yrs	6

\*No Class 11/25 & 11/26

Resident \$85 / CRC Member \$80

Non-Resident \$90 / CRC Member \$85

### TENNIS PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Michael Myers

Location: Community Park Tennis Courts

#### ADULT

Activity#	Date	Day	Time	Age	Sessions
5680.305	9/9-12/31	SU-SA	Anytime	18yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

### ADULT GOLF

Learn one of the fastest growing sports in America....Golf! During this five week program, golf professional Scott Krause, will teach golf techniques from putting to the full swing. This class fills up fast, register early! Golf clubs will be furnished or you are welcome to bring your own clubs.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
5670.301	9/13-10/11	SA	12pm-1pm	18yrs+	5
5670.302	10/25-11/22	SA	12pm-1pm	18yrs+	5
5670.303	9/7-10/5	SU	11am-12pm	18yrs+	5
5670.304	10/19-11/16	SU	11am-12pm	18yrs+	5

Resident \$84 / CRC Member \$79

Non-Resident \$89 / CRC Member \$84

### VOLLEYBALL TEEN/ADULT BEGINNER

Learn to improve your volleyball skills with drills and practice games. This class is for players who have had some volleyball experience but wish to advance and improve to the next level. Classes begin with passing, serving, hitting and defensive drills followed by officiated games designed to focus on team defense and scoring strategies.

Instructor: CRC staff

Location: Centennial Recreation Center Gymnasium

Activity#	Date	Day	Time	Age	Sessions
5611.301	9/18-11/6	TH	8:30pm-9:50pm	13+yrs	8

Resident \$72 / CRC Member \$67

Non-Resident \$77 / CRC Member \$72

## MARTIAL ARTS

### KEMPO FAMILY KARATE

(Youth and Adults)

Families who kick together, stay together! Here is a great chance for parents, siblings, and children to work out together! There are very few sports that allow this to happen! The whole class will do exercises together, then adults and children will be in two different groups learning self-defense at their own pace!

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.301	9/2-9/30	T	5:25pm-6:10pm	5yrs+	5
4660.302	10/7-11/04	T	5:25pm-6:10pm	5yrs+	5
4660.303	11/11-12/16*	T	5:25pm-6:10pm	5yrs+	5

\*No Class 11/25

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a binder.

Resident Fee: \$63/ CRC Member: \$58

Non-Resident Fee: \$73 / CRC Member: \$68

Drop in fee with pre-registration: \$15

### KEMPO KARATE: SAFETY, LIFE & MARTIAL ARTS

This class teaches safety, life skills as well as martial arts. Students will improve their focus, confidence, discipline and respect.

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.304	9/4-10/2	TH	5:25pm-6:10pm	6 ½yrs +	5
4660.305	10/9-11/6	TH	5:25pm-6:10pm	6 ½yrs +	5
4660.306	11/13-12/18*	TH	5:25pm-6:10pm	6 ½yrs +	5

\*No Class 11/27

Material Fee: \$86 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a folder.

Resident Fee: \$63 / CRC Member: \$58

Non-Resident Fee: \$73 / CRC Member \$68

Drop in fee with pre-registration: \$15

### KEMPO KARATE (ALL RANKS)

Students will learn self defense techniques against grabs, punches and kicks. They will gain confidence, self control, and build character. Weapons such as Bo Staff and Escrima Sticks will also be offered.

Instructor: Arceli Bell and Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.307	9/2-10/2	T/TH	6:15pm-7:00pm	7yrs+	10
4660.308	10/7-11/6	T/TH	6:15pm-7:00pm	7yrs+	10
4660.309	11/11-12/18*	T/TH	6:15pm-7:00pm	7yrs+	10

\*No Class 11/25 and 11/27

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a binder.

Resident Fee: \$120/ CRC Member: \$115

Non-Resident Fee: \$130 / CRC Member: \$125

Drop in fee with pre-registration: \$15

ADULT