



Member Handbook

Centennial Recreation Center

171 W. Edmundson Ave.

Morgan Hill, CA 95037

(408) 782-2128

www.mhcrc.com

Welcome to the City of Morgan Hill's Centennial Recreation Center!

The City of Morgan Hill and the YMCA of Santa Clara Valley are proud to be collaborating to bring the residents of Morgan Hill and the surrounding communities a full service recreation facility.

The Centennial Recreation Center was built to promote multi-generational interaction and advance the physical well being of our community. The facility offers something for everyone, featuring a Senior Center, Teen Center, Kids' Zone, fitness areas, swimming pool, gymnasium, and exceptional programs and services.

Additionally the Morgan Hill Aquatics Center is now available for member use. The Aquatics Center offers lap swimming, aqua fitness, recreational swimming along with a variety of aquatics based programming.

The activities at the center will further enhance the YMCA's and City's efforts to help create a community that supports its youth through an Asset Building Approach. Using the 41 basic building blocks for healthy development, we will strive to empower families and provide kids with skills that they need to succeed. Our core programs are based on this goal and on the core values of Respect, Responsibility, Honesty, and Caring.

The Morgan Hill City Council, Mt. Madonna YMCA Board of Managers, and Centennial Recreation Center staff extend a warm welcome to all of our members. We thank you for your support and hope that your needs are fulfilled through our programs and facilities.

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About Your Facilities

CRC/Aquatics Center Pools

The CRC pool has a slide, water play feature, and three lap lanes 20 yards in length. The Aquatics Center has three pools, water slides and spray ground. Aqua fitness classes, swim lessons (for an additional fee), recreational swim, lap swim, and party packages are available.

Group Exercise Studio

More than 50 Group Exercise classes are available weekly including Yoga and Pilates. Schedules are available at the Welcome Center.

Fitness Center

The fitness center features strength equipment, free weights, treadmills, elliptical machines and stationary bicycles. Every member will receive a free fitness orientation.

Gymnasium

The CRC features a full-size gymnasium with multiple basketball, volleyball and badminton courts. Gym usage will include times for Open Gym and sport leagues for both youth and adults.

Locker rooms

Separate male, female, and family locker rooms and showers are available.

Kids' Zone

Trained, professional, high quality staff will take care of your children while you work out. Kids' Zone is for children ages 6 weeks to 12 years old.

Teen Center

Stop by the Teen Center to do homework, use the computers, or participate in a variety of activities. The Center is free for all teens ages 12 years to 18 years of age with a current school identification card.

Senior Center

The Senior Center offers comprehensive services, classes and enrichment programs to adults who are 50+. In the Senior Center, adults have the opportunity to enjoy fitness programs, computer classes, educational classes, dance programs, card games, support groups and more. The Morgan Hill Senior Café offers freshly prepared lunches 5 days a week, Monday through Friday at 12:00 noon, registration ends at 11:30 a.m.

Facility Hours

Monday-Friday	5am-10pm
Saturday	6:30am-8pm
Sunday	8am-6pm