

Miscellaneous

- As a courtesy to other members, only personal stereos with headphones may be used in the workout areas.
- All CRC workout areas are co-ed.
- Exercise clothing must be worn at all times in exercise areas. Street clothing is not allowed. Shirts and closed-toed athletic shoes must be worn at all times in exercise areas.
- No food or drinks (except closed water bottles) are allowed in the locker rooms and exercise areas.
- Rates, fees, and schedules are subject to change.
- Black-soled tennis shoes are not permitted in the aerobic studio or gymnasium.
- The City/YMCA is not responsible for lost or stolen articles.

Questions regarding membership policies should be directed to the Membership Director, Associate Executive Director, or Recreation Manager. These staff members will be happy to discuss CRC policies with you.